



11.10.2023

BI - WEEKLY

CONNECTION

Child Care E-Newsletter

A Message From Leanna

How Every Child Can Thrive by Five

"What if I was to tell you that a game of peek-a-boo could change the world?" asks seven-year-old Molly Wright, one of the youngest-ever TED Talk speakers. Breaking down the research-backed ways parents and caregivers can support children's healthy brain development, Wright highlights the benefits play can have on lifelong learning, behavior, and well-being, as well as shares effective strategies to help all kids thrive by the age of five.

Leanna Lorden
Chief Operating Officer

Watch Molly's TED Talk



Classroom Pod E-Newsletters for October & November

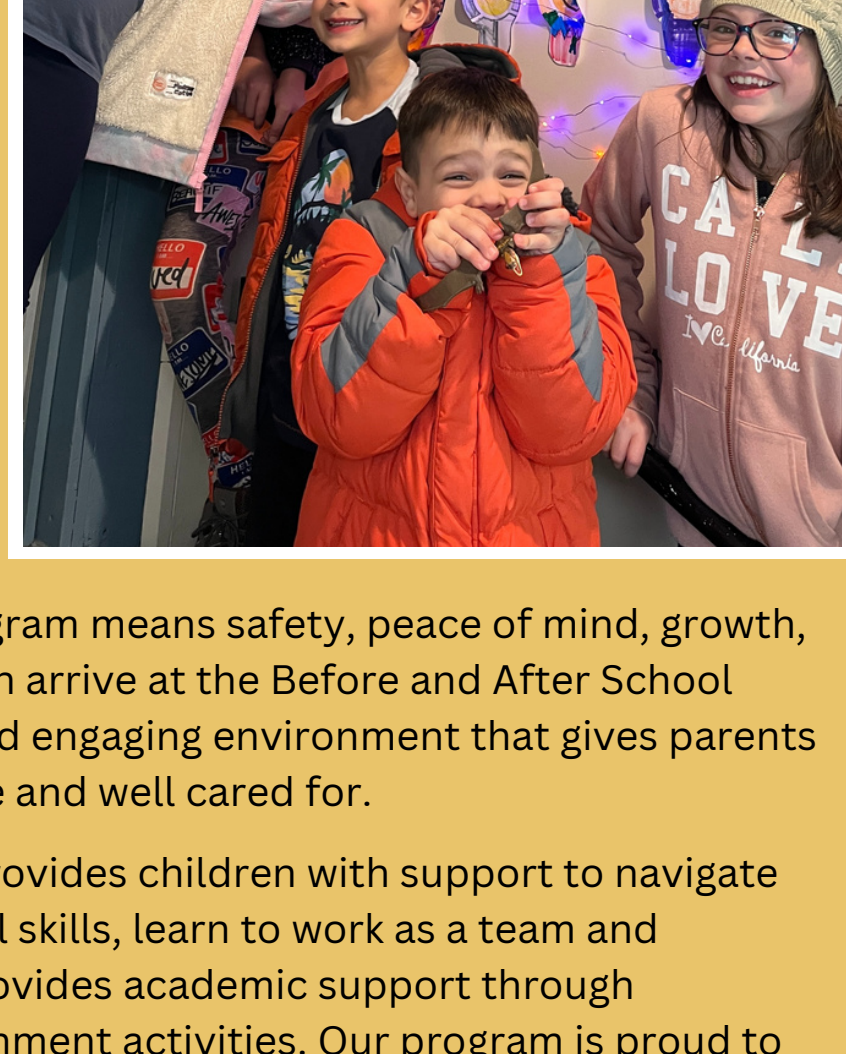
Preschool & Pre-K Pod

Infant & Toddler Pod

Extended Education Program

24th Annual Lights On Afterschool Celebration

On Thursday, October 26th, White Birch Extended Education participated in the 24th annual Lights On Afterschool celebration. This celebration is held each year to shed light on the importance of out-of-school time programs. More than 8,000 participants nationwide participated in celebrating this year through events, artwork, and letters to Congress.

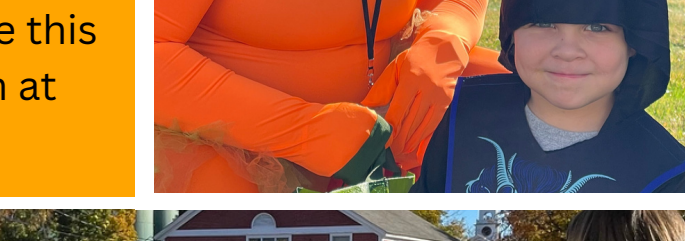
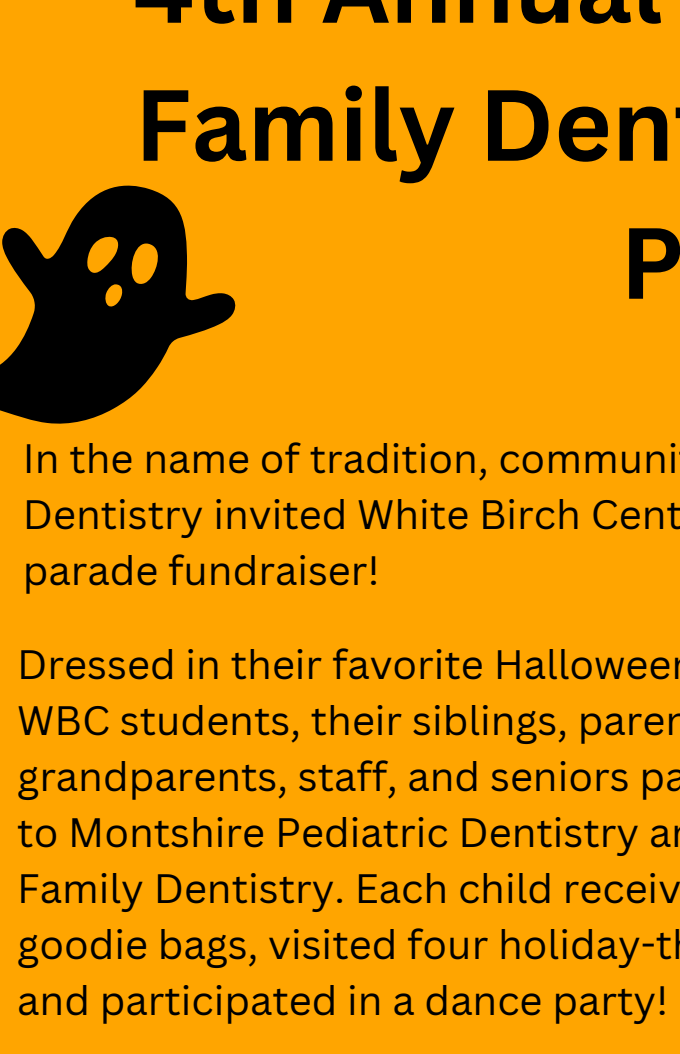


This year, our Extended Education students participated by coloring a light bulb, the logo for Lights On Afterschool, and decorating fliers with their families showing what they love about the program.

To me, the Extended Education Program means safety, peace of mind, growth, and engagement. Every day, children arrive at the Before and After School Program and enter a safe, caring, and engaging environment that gives parents peace of mind that their child is safe and well cared for.

The Extended Education Program provides children with support to navigate and develop their social & emotional skills, learn to work as a team and cooperate with others, as well as provides academic support through homework help and academic enrichment activities. Our program is proud to be an out-of-school time provider and participate in the 2023 Lights On Afterschool celebration.

Allison Saltmarsh
Child Care Programs Director



4th Annual WBC & Henniker Family Dentistry Halloween Parade

In the name of tradition, community, and holiday spirit, Henniker Family Dentistry invited White Birch Center back for our 4th annual halloween parade fundraiser!

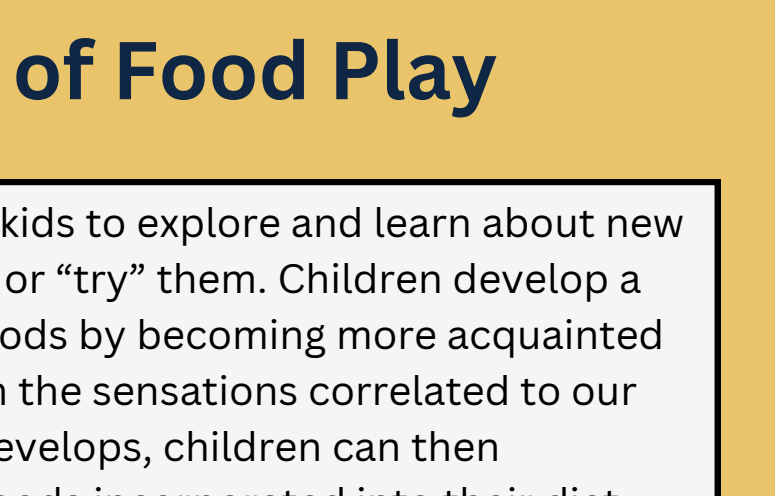
Dressed in their favorite Halloween costumes, 110 WBC students, their siblings, parents, grandparents, staff, and seniors paraded their way to Montshire Pediatric Dentistry and then Henniker Family Dentistry. Each child received Halloween goodie bags, and participated in a dance party!



Henniker Family Dentistry not only helps make this holiday tradition a special day for the children at White Birch, but also directly supports us as a organization. For every individual who dressed up and joined in the parade or came in for a dental appointment dressed in costume last week, Henniker Family Dentistry donated \$10.00 to White Birch Center.



Thank you so much, Henniker Family Dentistry, for your continued support and helping us carry on this wonderful community tradition!



Ideas From the Kitchen

The Benefits of Food Play

Food play offers an opportunity for kids to explore and learn about new foods without any pressure to "eat" or "try" them. Children develop a new comfortability with different foods by becoming more acquainted with their textures through the sensations correlated to our five senses. As this comfortability develops, children can then transition towards the new foods incorporated into their diet.

Click the button below to view some fun and easy food activities to try with your child!

Jessica Lavalpicola
Kitchen Manager

Food Activities



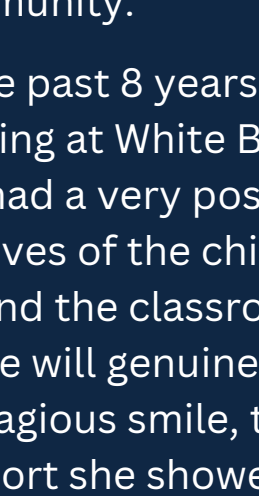
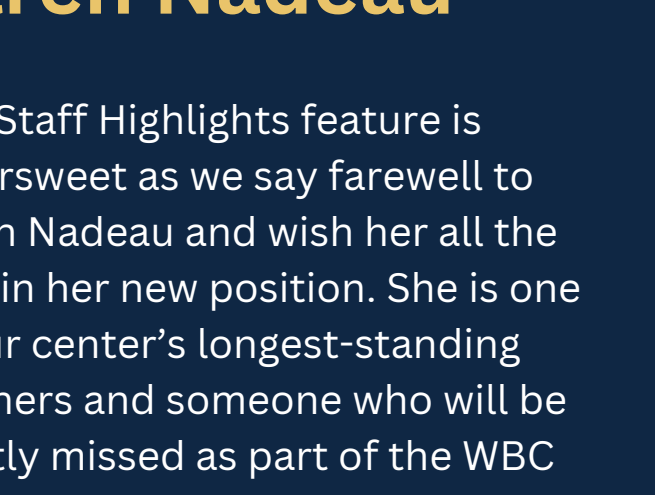
Tucker Free Library

PRE-SCHOOL TIME

A CHANCE FOR CHILDREN TO LEARN TO LISTEN, FOLLOW INSTRUCTIONS, PRACTICE SOCIAL SKILLS THROUGH COOPERATIVE INTERACTION, WORK ON MOTOR SKILLS, AND BUILD VOCABULARY!

September 13 - December 13

WEDNESDAYS AT 10:30 AM



BUILDING YOUR CHILD'S FOUNDATION THROUGH STORIES, ACTIVITIES, CRAFTS!

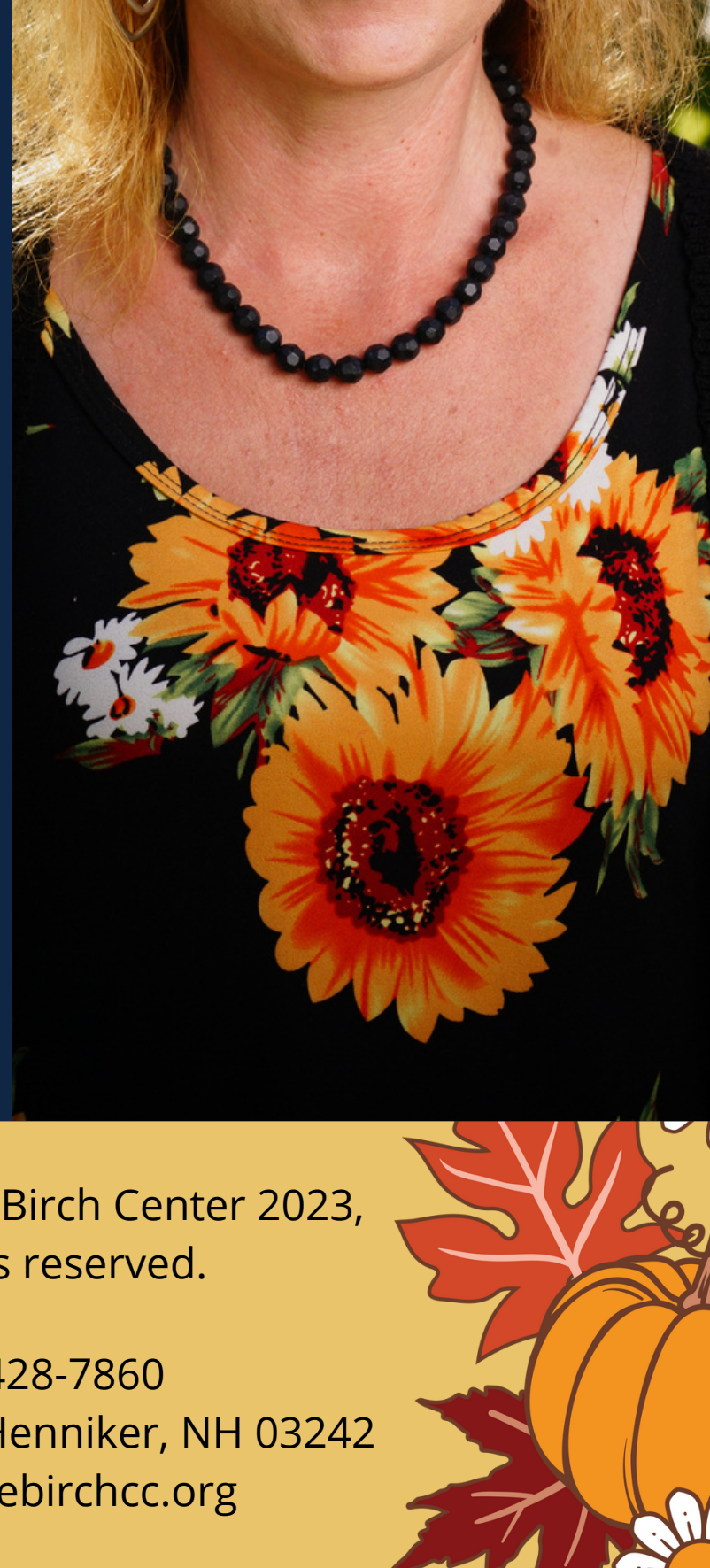
Staff Highlights

Karen Nadeau

This Staff Highlights feature is bittersweet as we say farewell to Karen Nadeau and wish her all the best in her new position. She is one of our center's longest-standing teachers and someone who will be greatly missed as part of the WBC community.

In the past 8 years Karen has been working at White Birch Center, she has had a very positive impact on the lives of the children she cared for and the classrooms she worked in. We will genuinely miss her contagious smile, the unwavering support she showed her fellow teachers, and the care she put into every day spent at White Birch Center.

While we are sad to see her go, we are also excited to see her start her new journey as a paraprofessional at Henniker Community School, supporting their kindergarten classrooms.



We Will Miss You!

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