



10.27.2023

BI - WEEKLY

CONNECTION

Child Care E-Newsletter

A Message From Leanna Boxitects

Cardboard boxes are the perfect open-ended loose part. They can be turned into a house, a cave, or a hat; the list is endless. One of my all-time favorite books is *Boxitects* by Kim Smith. It tells the story of a little girl named Meg, who is a skilled box architect. In the story, Meg and another skilled boxitect, Simone, learn to work together. This book is a perfect addition to any library!

You can find a video of the book being read aloud by clicking the button below!



Leanna Lorden
Chief Operating Officer

Watch Video

Classroom Corner

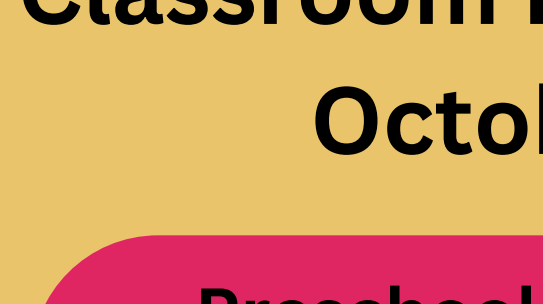
Making Spider Treats in Preschool

With Halloween right around the corner, our Preschool Classroom made some healthy spider snacks to celebrate!

Dividing into groups, the children took turns joining Miss Teresa at the activity table as they listened to her explain how to make the tasty snack with just one slice of cucumber, eight pretzel sticks, a smear of cream cheese, and two mints.

Following Miss Teresa's instructions and encouragement, the children aligned each ingredient with the shape outlines found on the activity sheet and counted how many of each ingredient they had. As they transitioned to the assembly of their spider snacks, Miss Teresa explained the role ingredients played and how each is correlated to a specific feature of a spider.

Activities like this one include one-to-one counting concepts that help illustrate and solidify the association between numbers and their numerical value. Learning about one-to-one correspondence also deepens each child's comprehension of simple arithmetic and an understanding that objects can only be counted once when determining quantity.



Classroom Pod E-Newsletters for October & November

Preschool & Pre-K Pod

Infant & Toddler Pod

Extended Education Program

Across NH Out-of-Schooltime Conference

On October 14th, three teachers from our Extended Education Program attended an Across NH Out-of-Schooltime Conference taking place in the Grappone Hall building at N.H.T.I. (New Hampshire Technical Institute).

The participating teachers took part in training activities that introduced different art and S.T.E.M. (science, technology, engineering, mathematics) concepts they could implement into their Before and After School curriculums. They also had the opportunity to build upon their classroom organization skills, learn new stress management techniques, and explore the best ways to support their program.



Through this conference, our teachers were not only able to dedicate almost seven hours to their continued learning and professional development, but were also given complimentary classroom supplies that directly contributes to the enrichment of White Birch Center's Before and After School programming.



Allison Saltmarsh
Child Care Program's Director

HALLOWEEN PARADE

Tuesday, October 31st

White Birch Center

Parade Logistics & Route:

Line up in front of White Birch @ 10:00AM

Depart White Birch @ 10:05AM

1st stop: Montshire Pediatric Dentistry @ 10:15AM

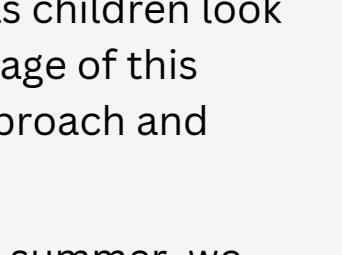
2nd stop: Henniker Family Dentistry @ 10:40AM

Return to White Birch around 11:15AM

All are welcome and costumes are encouraged!

Ideas From the Kitchen

October is Eat Better, Eat Together Month



Young children love to emulate what their parents and caregivers do—whether it's your table manners, likes and dislikes, or a willingness to try new foods.

The same mirroring tendencies happen in the classroom as children look to teachers for guidance. Classroom teachers take advantage of this during mealtime by implementing a family style dining approach and practicing the best age-appropriate dining etiquette.

By reinstating our community vegetable garden again this summer, we have been able to introduce a wide range of vegetables into each child's meals. From leafy green smoothies, carrots, green beans, and zucchini, to freshly made marinara sauce and caramelized beets, the children experienced new tastes and flavors. An initial hesitancy from the children turned into curiosity and excitement for these new healthy additions simply because of how teachers encouraged them and set an example.

Let's make the most of these last few days in October and try to eat better and eat together! Try introducing new and healthy food next time your family has dinner. Encourage your little one(s) to try it and cheer them on when they do. You might just introduce a new nutritional favorite!



Jessica Lavalpicola
Kitchen Manager

NEW

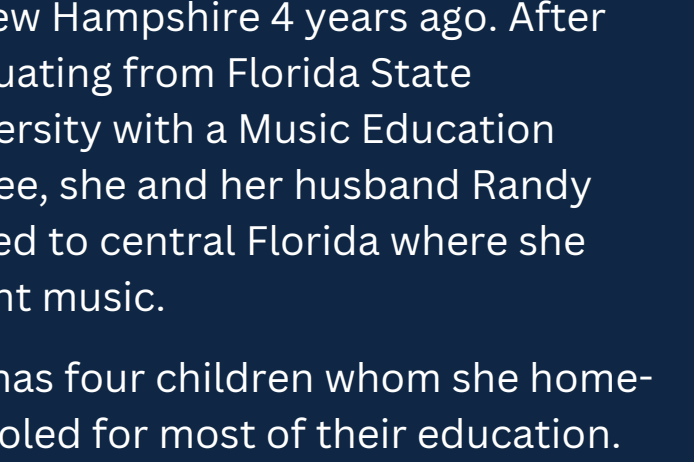
Tucker Free Library

TIME FOR TOTS

IS YOUR LITTLE ONE TOO SMALL FOR STORY TIME? PARENTS WILL HAVE A CHANCE TO MINGLE WITH OTHER ADULTS WHILE THEY GUIDE THEIR LITTLE ONES IN COOPERATIVE PLAY & SOCIALIZATION. RESEARCH SHOWS THAT CHILDREN WHO LEARN HOW TO PLAY WITH OTHERS HAVE A GREATER CHANCE OF SUCCESS WHEN THEY GO TO SCHOOL.

September 14 - December 7

THURSDAYS AT 10:30 AM



Staff Highlights

Susan Woods

Susan is a native Floridian, and moved to New Hampshire 4 years ago. After graduating from Florida State University with a Music Education degree, she and her husband Randy moved to central Florida where she taught music.

She has four children whom she home-schooled for most of their education. They are now grown and have their own families. She feels lucky to have grandchildren which to her is one of the greatest blessings in life. Susan also volunteers at His Mansion in Deering, N.H. and serves as a worship leader at Christ Community Church in Weare, N.H.

She is grateful to be part of WBC's Before and After School Program. It has given her the opportunity to love and serve the children of Henniker, and they in return have become like grandchildren since hers are so far away.

