



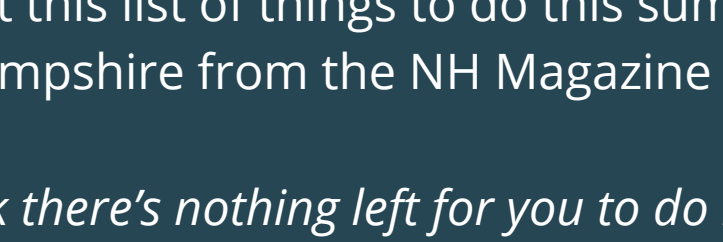
07.08.2022

BI - WEEKLY

CONNECTION

Child Care E-Newsletter

A Message From The Director



85+ Things to Do in NH This Summer

Check out this list of things to do this summer in New Hampshire from the NH Magazine staff:

"So, you think there's nothing left for you to do in this state that you haven't already seen or done before? Think again! Make this summer one for the record books. Go forth and explore 85+ of our favorite attractions, museums, events, and outdoor adventures."

[85+ Fun Things to do This Summer](#)

Leanna Lorden

Director of Children's Programs

Zero to Three

If you ever feel like you need support for the ongoing process of parenting and are looking for resources that enable you to set your child up for success, click the red button below! Take advantage of their parent newsletter that offers information regarding your child's learning and development.



[Zero to Three](#)

Jess Webb

Assistant Director of the Early Learning Program

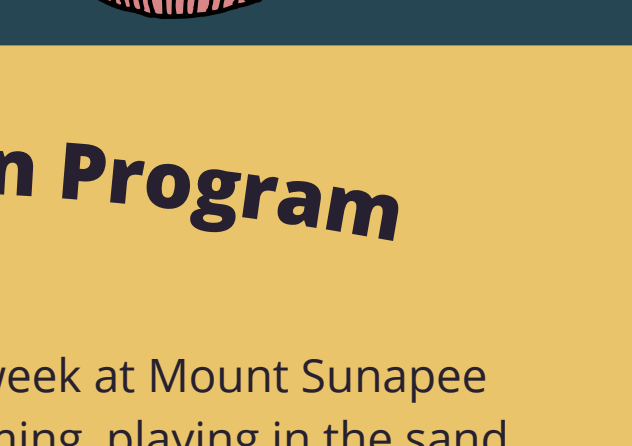
The Classroom Corner

In honor of Independence Day, the Kickstart class participated in some Fourth of July themed arts and crafts while also enjoying some holiday treats!

To start, the class cut paper plates in half and colored them blue with white spots to signify the 50 stars of the flag. They then glued red cardboard strips to the plate creating a rendition of our nation's flag. This was a great way to show a visual representation to our students so that they can learn more about our nation's patriotic holiday.

After everyone finished making their American flags, they started on their firework paintings. Finding a creative way to use empty toilet rolls, the teachers cut up the ends of the toilet rolls into strips and the students dipped them in their chosen colors. As the children used their unique paint brushes, the cardboard strips created lines of paint resembling the bright bursts from fireworks!

All the kids loved learning more about America's birthday in a fun, creative way, and finished the afternoon with some tasty red, white, and blue cupcakes.



Extended Education Program

Last week, Summer Camp spent the week at Mount Sunapee State Park. We spent lots of time swimming, playing in the sand, and enjoying the sunny weather. We started each day with swimming lessons provided by Swim NH. The children learned how to float, various swimming strokes, basic water safety, and even played some fun water games. We will use the skills we learned this week throughout the entire summer when we visit the lakes around NH.

Allison Saltmarsh

Director of the Extended Education Program



Ideas From The Kitchen

What's Cooking?

We started this week celebrating America's independence and the establishment of our once new nation. Everyone comes together to honor our country's iconic red, white, and blue colors and what they mean to us, as we eat, laugh, and enjoy the company of our loved ones on this patriotic holiday.

The 4th of July can also be used as a great opportunity to introduce your child to the different foods and nutrients obtained from red, white, and blue healthy foods. Click the button below to explore Mealtime Memo for Parents: Red, White, and Blue - A Celebration, that discusses different foods and ways to introduce health and color concepts through fun activities. Mealtime Memo also includes an extra activity that teaches your child about primary and secondary colors.



[Red, White, and Blue: A Celebration](#)



TUCKER FREE LIBRARY

JULY FAMILY SUMMER READING ACTIVITIES!

Every Wednesday

@ 10:30am

Storytime

July 9th @ 10am

Basic Watercolor

and Acrylic

Painting (ages 6+)

July 13th @ 4pm

Book Club (books

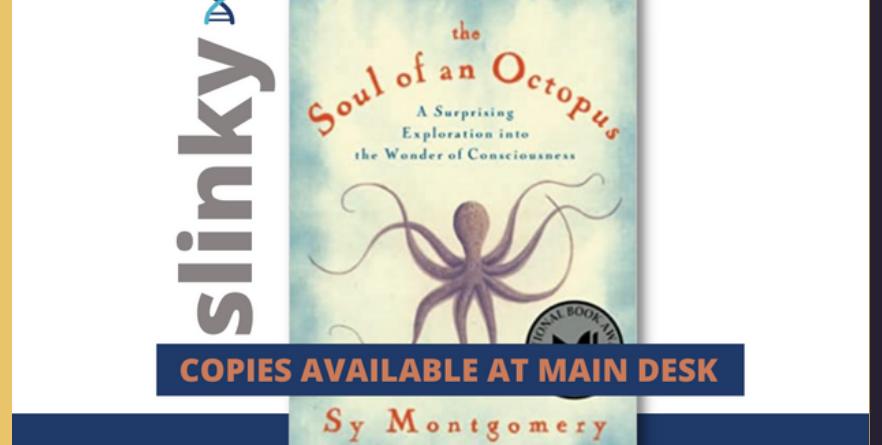
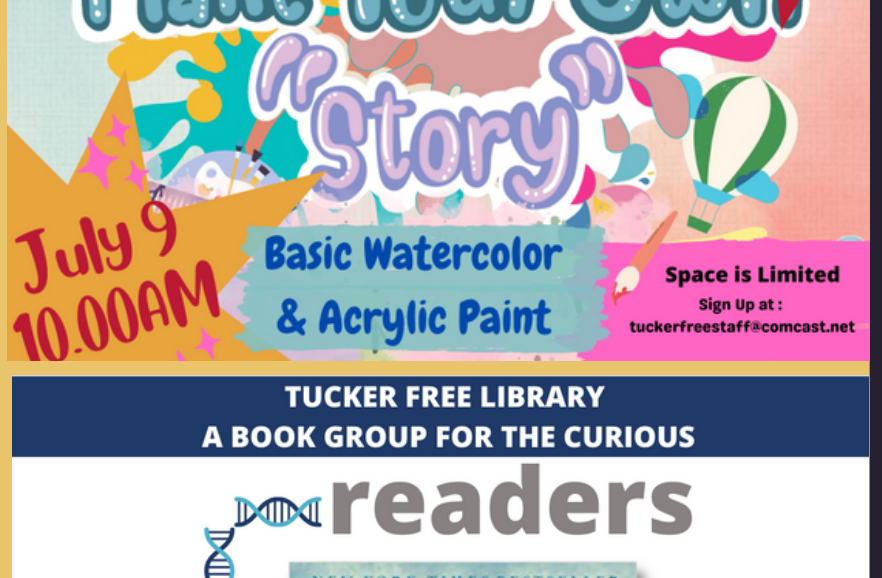
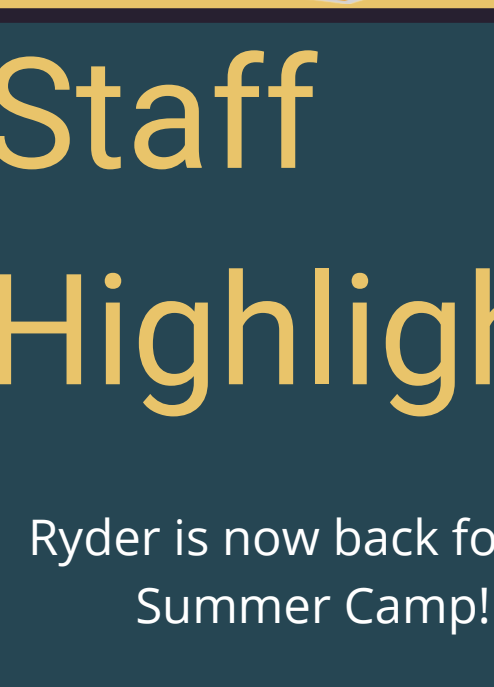
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library)

July 15th @ 2-4pm

Celebrate Summer

Party



Staff Highlights

Ryder is now back for our Summer Camp!

Ryder worked at White Birch Center for 2 years before moving to Rhode Island for a year. Now he is back in New Hampshire and so excited to be back with the White Birch family! Ryder has been working in Education and Childcare for 6 years. He graduated from New England College in 2021 with a dual bachelor's degree in Secondary Education and Special Education. He is currently earning his Master's degree in Special Education at Clemson University. Ryder's favorite thing about working with children is their constant curiosity of the world around them.

