



# A Message From The Director

**Child Care E-Newsletter** 

## Week of the Young Child

#### The Week of the Young Child is an annual celebration sponsored by the National Association for the Education of Young Children (N.A.E.Y.C.), the

world's largest early childhood education association, with nearly 60,000

members and 52 Affiliates.

The purpose of the Week of the Young Child is to focus public attention on the needs of young children and their families as well as recognize the early childhood programs and services that meet those needs. The N.A.E.Y.C. first established Week of the Young Childin 1971, recognizing that the early childhood years (birth through age 8) lay the foundation for children's success in school and later life. This week is a time to plan how we—as citizens of community, state, and nation—will

better meet the needs of all young children and their families.

This year's Week of the Young Child will take place April 2-8, 2022. Stay

tuned for more information on our center's themes and fun that will be planned! Leanna Lorden **Director of Children's** 

**Programs** 

### Final Three Continuing E.D.

Quality Rating systems and cohorts. As an organization we acknowledge that quality often means a combination of experience and education. Most of our teachers have extensive knowledge and education in Early Childhood. Please help us in congratulating our final three teachers who have now enrolled in continuing education courses and are officially working toward their certificates in ECE. Good luck Miss Katy, Miss Maggie, and Miss Kylie. We are so proud of you! Tess (Webb **Assistant Director of the Early Learning Program** 

White Birch Center prides themselves on the quality of their programming and of their staff. We maintain a Licensed Plus status and have participated in multiple











found at least one piece of "gold" and happily kept it as a memento for the day. Ideas From The Kitchen **Food for Thought** 



Allison Saltmarsh

**Education Program** 

Director of the Extended

Jessica Thompson Egg C.A.C.F.P. **Activities** Resource **Kitchen Manager** Extended Education Program

At the Extended Education Program, we believe that strong social and

emotional skills are essential to children's development both in and out of

school. Studies show that when children have strong social and emotional skills

positive behavior. As adults we model social and emotional skills by identifying

they do better academically, have stronger relationships, and have increased

and managing our own emotions, showing empathy for others, talking about

our choices and why we made them, and modeling positive relationships with

friends and peers. Our program fosters these skills through group games, daily

eggshell's structure and pores expand, so you may want to take a natural

approach. Using natural foods and spices to dye eggs can also expose your child to new foods they have never tried before. This activity can be messy, so use

caution when using the dyes that can potentially stain clothes. Click the button below to see the full article for all the fun colors different recipes.

If you are looking for more interactive things to do with your child, click the C.A.C.F.P Resource button for more fun children's activities.

#### Click the button for 5 simple things you can do at home to promote social and emotional development.

check-ins, peer modeling, and cooperative activities.

# Highlights

Staff

**Emotional** Development

Article

Megan Holland Megan Holland is from Stoddard NH. She has been at White Birch Center for the two years she has been in the ECE field. She loves spending time with her dog Remi. Her favorite thing about working with children is seeing the progress each child makes during their time here. She loves to see them grow proud of their accomplishments. She also loves nurturing relationships with the children and families of WBC.

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