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W E E K L Y

CONNECTION

Early Learning Program E-Newsletter

A Message From The Director

Children's Books That Inspire Creativity, Inclusion & Resilience

With all that's going on in the world, it isn't an easy time to be a parent – wondering how exactly we explain it all and lead by example. Books are windows into different perspectives and experiences. They can help children (and adults) develop curiosity, empathy, and courage. Below is a list of books that inspire children to channel creativity, celebrate inclusion, and embody resilience so that they can build a better tomorrow.

Leanna Lorden

Director of Children's Programs

Children's Book List

Dream Big, Little One by Vashti Harrison | Ages 0-3

Baby Loves the Five Senses: Sight! (Baby Loves Science) by Ruth Spiro | Ages 0-3

Hey, Baby! A Baby's Day in Doodle by Andrea Pippins | Ages 0-3

Everywhere Babies by Susan Meyers | Ages 2-3

M Is for Melanin: A Celebration of the Black Child by Tiffany Rose | Ages 3-6

Mae Among the Stars by Roda Ahmed | Ages 3-8

One Family by George Shannon | Ages 4-8

The Most Magnificent Thing by Ashley Spires | Ages 4-8

King for a Day by Rukhsana Khan | Ages 4-8

PBS Kids For Parents

These days we are finding ourselves and our families at home more often. If you are running out of things to do and you are starting to go a little stir crazy, check out some of the resources at PBS Kids for Parents. This website has many great ideas on how to strengthen your family bond. Games and different activities offered will encourage social/emotional growth as well as in the following areas: literacy, math, science, and the arts. Click the black button below to explore!

[PBS Parents Resource](#)*Jess Webb*

Assistant Director of the Early Learning Program



The Classroom Corner

Hello and welcome to a brand-new section of the Early Learning Newsletter called the Classroom Corner! We will be highlighting different classrooms and students. Content will include different activities and key moments that outline our emergent curriculum philosophy. This will include learning experiences from all domains such as; social/emotional, physical, language & literacy, creative expression, cognitive, and physical development. Along with highlighting different parts of curriculum and student engagement, we will also be presenting photo documentation of the learning experiences put forth within the classrooms.



This is a great way for parents to enter the world of the White Birch classroom and see the different aspects of your child's day. We welcome you to enjoy things from your child's point of view while in our care.



Ideas From The Kitchen

Food for Thought

As we transition into March, we can begin to celebrate the change of season by introducing some color into your child's life. He/she can have so much fun creating rainbow snacks or green four-leaf clovers while also being artistically inspired. Click the red button below to view instructions for this imaginative food activity.

On another note, are you looking for more interactive things to do this month with your child? Click the maroon button below to explore a March themed interactive activity from the C.A.C.F.P. that explores the positive impact of incorporating whole grains into your diet.

[Activity Instructions](#)[C.A.C.F.P. Resource](#)*Jessica Thompson*

Kitchen Manager

March Food Menu

[Click Here to View](#)

Staff Highlights

Frank Paolini

Frank grew up in Tewksbury, M.A. and currently resides in East Hampstead, N.H with his wife Debra. Frank has had a wide range of careers from Physical Therapy and the Performing Arts to personal and group fitness training. He has spent most of his professional time working with the older adult population creating different programming in Assisted Living, LTC, and Independent Living. In his spare time Frank enjoys reading, exercising, and spending time with his family.

