

1.21.2022  
W E E K L Y  
C O N N E C T I O N

## Early Learning Program E-Newsletter



### A MESSAGE FROM THE DIRECTOR

#### Favorite Things from the Playroom

Who is in the mood to start holiday shopping for next year? Okay me neither, but I'm certainly up for starting a wish list so that I'm better prepared for when it does arrive.

One of my favorite professional resources Dr. Emily King, shares her list that includes some of the most popular toys, games, and sensory items from her playroom. Click the button below to see her ultimate list.

#### The Ultimate Wish List

*Leanna Lorden*

Director of Children's Programs



## The Susan N. McLane Audubon Center

The McLane Center is a great way to introduce your children to environmental education. The center is home (both temporary and permanent) to many live animals such as different species of birds and reptiles. The many sanctuaries offered for public viewing can be found both indoors and outdoors and are free of charge. There is also a small giftshop to purchase books and other games for continued knowledge and fun. For more details regarding hours of operations and programs, click the button below!

*Jess Webb*  
Assistant Director of the Early Learning Program

[McLane Audubon Website](#)



## Update from Pats Peak Learn to Ski and Ride Program

The first day on the mountain for these little ones was a success! The Kickstart classroom participated in their first Learn to Ski and Ride lesson at Pats Peak last week. These kiddos braved the cold while showing off their skill set as they paid close attention to instructors, learned how to shuffle in their skis, side-step up the mountain, and turn around.

Next week we will begin to master these skills and will then eventually move onto learning how to go up the mountain on the "Magic Carpet Ride".



## Ideas From The Kitchen

### Rainbow Coloring Sheet

Eating a variety of colors helps us pack in all the nutrients we need. Kids can use this coloring sheet to create a rainbow of healthy foods.

*Jessica Thompson*  
Kitchen Manager

[Download Activity Sheet](#)



## Staff Highlights

### Loki Zobel

Loki is from Boscawen, NH and has been with White Birch since the Spring of 2021. Loki has been in the early childhood field for 3 years. Loki earned a Lead Teacher Certification in Early Education at Manchester Community College and is currently attending MCC working toward an Associates Degree in Fine Arts. In their spare time, Loki loves to paint.

