










August 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 Cereal , Fruit, Milk Grilled Cheese , Veggie, Fruit, Milk Apple, Teddy Grahams, Water	3 Yogurt, Biscuit , Fruit, Milk Turkey & Cheese Rollups, Veggie, Fruit, Milk Sherbet, Goldfish (Pretzels), Water	4 Cereal , Fruit, Milk Pasta w/ Meat Sauce, Veggie, Fruit, Milk Rice Cakes, String Cheese, Water	5 French Toast , Fruit, Milk Hot Dog w/ Bun , Veggie, Fruit, Milk Cheese, Cracker, Water	6 Cereal , Fruit, Milk PB & Jelly , Veggie, Fruit, Milk Cheez Its, Craisins/Fruit, Water	7 
8 	9 Cereal , Fruit, Milk Ham & Cheese Rollup, Veggie, Fruit, Milk Goldfish, Apple Sauce, Water	10 Bagels w/ CC, Fruit, Milk Meatball Subs , Veggie, Fruit, Milk Sherbet, Graham Crackers, Water	11 Cereal , Fruit, Milk ½ Banana & PB Rollups, Veggie, Fruit, Milk Soft Pretzels , Cheese, Water	12 Waffle, Fruit, Milk Chicken, Rice , Veggie, Fruit, Milk Yogurt, Animal Crackers, Water	13 Cereal , Fruit, Milk PB & Jelly , Veggie, Fruit, Milk Ritz Crackers, Raisins/Fruit, Water	14 
15 	16 Cereal , Fruit, Milk Grilled Cheese , Veggie, Fruit, Milk Apple, Teddy Grahams, Water	17 Yogurt, Biscuit , Fruit, Milk Turkey & Cheese Rollups, Veggie, Fruit, Milk Sherbet, Goldfish (Pretzels), Water	18 Cereal , Fruit, Milk Cheese Tortellini(Pasta) w/ Sauce, Veggies, Fruit, Milk Rice Cakes, String Cheese, Water	19 Pancakes, Fruit, Milk Chicken Patty Sandwiches , Veggie, Fruit, Milk Cheese, Cracker, Water	20 Cereal , Fruit, Milk PB & Jelly , Veggie, Fruit, Milk Cheez Its, Craisins/Fruit, Water	21 
22 	23 Cereal , Fruit, Milk Ham & Cheese Rollup, Veggie, Fruit, Milk Goldfish, Apple Sauce, Water	24 Bagels w/ CC, Fruit, Milk Pasta w/ Meat Sauce, Veggie, Fruit, Milk Sherbet, Graham Crackers, Water	25 Cereal , Fruit, Milk ½ Banana & PB Rollups, Veggie, Fruit, Milk Soft Pretzels , Cheese, Water	26 Waffle, Fruit, Milk Chicken Nuggets, Rice , Veggie, Fruit, Milk Yogurt, Animal Crackers, Water	27 Cereal , Fruit, Milk PB & Jelly , Veggie, Fruit, Milk Ritz Crackers, Raisins/Fruit, Water	28 
29 	30 Cereal , Fruit, Milk Grilled Cheese , Veggie, Fruit, Milk Apple, Teddy Grahams, Water	31 Yogurt, Biscuit , Fruit, Milk Chicken Parm w/ Pasta , Veggie, Fruit, Milk Sherbet, Goldfish (Pretzels), Water				

Meals in **BOLD** contain an item that is whole grain. "USDA and this institution are equal opportunity providers and employers." Menu is subjected to change.